Arizona Families F.I.R.S.T.

The Arizona Department of Economic Security and the Arizona Department of Health Services are joint administrators of the SB 1280, Arizona Families F.I.R.S.T., which offers a continuum of communitybased substance abuse treatment services to either:

A parent, guardian or custodian of a child who is named in a report to Child Protective Services as a victim of abuse or neglect and whose substance abuse is a significant barrier to maintaining, preserving or reunifying the family*

A person whose substance abuse is a significant barrier to maintaining or obtaining employment and is a recipient of Temporary Assistance for Needy Families (TANF) pursuant to Title 46, Chapter 2, Article 5*.

How To Make A Referral:

DES case managers from CPS, DDD foster care and Jobs may make referrals for eligible clients by completing the mandatory request for service forms including:

For CPS clients - Request for Services (PS-067),.

For DDD Foster care clients - request for Services (PS-067), CPS report and case plan;

For Jobs clients - Referral to Provider (JA-006), Screening Guide (JOB-1091A));

Include collateral information describing the current family situation, relevant history and previous or current substance use patterns. Sufficient information is critical in conducting a comprehensive assessment and appropriate service delivery.

* Program eligibility may be modified due to funding limitations.

What to expect when I make a referral:

The referral for services is for the entire continuum - outreach, assessment, treatment and aftercare. The provider will coordinate assessment and treatment services when clients are eligible for entitlements through with regional behavioral health authorities. A service plan will be developed following assessment to plan interventions integrating level of care criteria with case manager and family input.

Therapeutic random drug and alcohol screening will be conducted throughout the program for participants.

Time Frames:

Provider agency will provide outreach to the client within 24 hours of receipt of the referral to engage in treatment services. Strategies and techniques that encourage and motivate participants to accept services are utilized to assist clients prepare for change.

Once the client agrees, a comprehensive substance abuse assessment is conducted within 5 days. The assessment will include a recommendation for the appropriate level of care

Referral to first therapeutic service should occur in 14 days. Ongoing communication between the case manager and service provider will occur in order to enhance service delivery.

Array of Services Include:

Substance Abuse Education

A strategy to promote engagement that provides awareness about the consequences and effects of substance abuse on the body, individual, and family life through group or individual counseling.

Outpatient Treatment

Services include a minimum of <u>three hours per week</u> of individual, group, and family therapy and other supportive services as necessary.

Intensive Outpatient

Services include a minimum of <u>nine hours per week</u> of individual, group and family therapy. Supportive services can be provided as necessary.

Residential Treatment

Residential services include therapeutic intervention, individual, group and family counseling. Some agencies offer residential treatment services that allow the child (ren) to remain with the parent during treatment.

Aftercare Services

Aftercare services are designed to assist the participant in establishing supports within the community that encourage sobriety. Services include relapse prevention and intervention plans to assist participants in the event should relapse occur.

Supportive Services

Supportive services are based on the needs of the family and designed to assist the participant and family in reaching their goal toward achieving sobriety.

Supportive services include but are not limited to: child care, transportation, housing assistance and other supports. These may include connections to faith-based organizations and culturally relevant programs.

Service Providers

TERROS - Maricopa County

Phone: (602) 685-6000 Fax: (602) 685-6060

• CPSA - Pima County

Phone: (520) 618-8888 Fax: (520) 784-5322

• AZPAC - Yavapai County

Phone: (928) 778-2531 Fax: (928) 778-2366

AZPAC - Coconino County

Phone: (928) 774-9125 Fax: (928) 214-6023

Old Concho - Navajo/Apache Counties

Phone: (928) 337-5047 Fax: (928) 337-2376

WestCare – La Paz/Mohave Counties

Phone: (928) 763-1945 Fax: (928) 763-8809

AZPAC - Yuma County

Phone: (928) 341-9400 Fax: (928) 341-8428

Horizon - Pinal/Gila Counties

Phone: (520) 723-9800 Fax: (520) 723-3260

 SEABHS - Graham/Greenlee/Cochise/ Santa Cruz Counties

> Phone: (800) 586-7080 Fax: (928) 348-7554

Arizona Families F.I.R.S.T. contracted providers will coordinate with their local Regional Behavioral Health Authorities (RBHA) and RBHA subcontracted providers for the provision of medical necessary and covered Title XIX/XXI services.

Regional Behavioral Health Authorities:

- Cenpatico Behavioral Health
 Yuma/LaPaz/Pinal/Gila Counties
- Community Partnership of Southern Arizona Pima/Graham/Greenlee/Santa Cruz/ Cochise Counties
- Northern Behavioral Health Authority Mohave/Coconino/Apache/Navajo/ Yavapai Counties
- ValueOptions
 Maricopa County

The continuum of treatment services includes integration of the following Best Practice and Essential Elements into service delivery:

- Service Coordination
- Outreach & Engagement
- Motivational Interviewing & Retention
- Services for Children (therapeutic family involvement)
- Family Education & Treatment
- Supportive Services
- Culturally Appropriate Services
- Gender Specific Treatment
- Random Alcohol & Drug Screening
- Relapse Management



The Vision of the
Substance Abuse Treatment Fund
Partnership is to build a family-centered
service delivery system, which promotes
family independence, stability,
self-sufficiency, and recovery from
substance abuse, assures child safety and
supports permanency for children.

SB 1280 (AZ Families F.I.R.S.T.) a Partnership between: Department of Economic Security & Department of Health Services

For general information call (602) 542-8247

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Equal Opportunity Employer/Program ◆ This document available in alternative formats by contacting 602-542-3598